

## **ASSOCIATES IN ORAL & MAXILLOFACIAL SURGERY**

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## www.sazoms.com

## POST-OPERATIVE INSTRUCTIONS FOR PATIENTS WITH WIRED JAWS

- 1. The wires are designated to maintain jaw position and stability. The wires will be very tight initially and your teeth will be under pressure for several days.
- 2. Nausea is rare. If you should become nauseated and vomit remain calm. Any material that can get in through wires can come out from them as well. Wires should only be cut in an emergency situation.
- 3. Some wires may feel sharp to your lips and cheek. Soft wax can be molded to cover any sharp edges.
- 4. Excellent oral hygiene is a must. Brush with a small brush and toothpaste 3 times a day. Use of a "Water Pik" oral hygiene appliance is helpful.
- 5. Your diet is very important. Please follow the dietary instructions. Multiple small meals are preferable.
- 6. Some normal reflexes, such as sneezing, coughing, and yawning will continue. To minimize discomfort you should support your jaw with the palm of your hand.
- 7. Take all prescribed medication as ordered. Pre-existing medications may have to be converted to a liquid form.

**Note:** If you have problems associated with your procedure(s), please call our office at (520) 745-6531. If you call after normal office hours, you will receive our answering service and our on-call doctor will be able to assist you.