



## ASSOCIATES IN ORAL & MAXILLOFACIAL SURGERY

3150 N. Swan Road · Tucson, AZ 85712 · (520) 745-6531 · Fax (520) 790-3817  
2151 S. Highway 92, Suite 116 · Sierra Vista, AZ 85635 · (520) 459-6219 · Fax (520) 458-3024

[www.sazoms.com](http://www.sazoms.com)

### PRE-OPERATIVE INSTRUCTIONS FOR INTRAVENOUS OR GENERAL ANESTHESIA

1. Do not eat or drink anything (including water) for a minimum of 6 hours prior to your surgery appointment. If you have a morning appointment do not eat or drink anything after midnight.
2. It is important that you take your regular medications (high blood pressure, antibiotics, etc.) at your regularly scheduled time unless told do otherwise by the doctor. Use only a small sip of water.
3. Please refrain from using tranquilizers, narcotics, alcohol, or recreational drugs which have not been disclosed to the doctor.
4. Please notify the doctor if you have had any change in your medical history since your consultation or if you are experiencing any form of acute illness.
5. On the day of surgery, it is appropriate to brush your teeth and rinse your mouth.
6. Do not come with wet hair. Please wear loose-fitting clothes that allow access to your arms for surgery. Please wear closed-toe shoes (no flip-flops or sandals). You should not wear make-up or nail polish, and any piercings should be removed.
7. A responsible person, parent, or legal guardian should accompany you and be prepared to stay in the office during your surgery and take you home. You should not drive a vehicle for 24 hours following surgery.
8. Patients under the age of 18 will need a parent or legal guardian present to sign the surgical consent.
9. Following your surgery, you will be given post-operative instructions and any prescriptions that may be required.

DATE OF APPOINTMENT: \_\_\_\_\_

TIME OF APPOINTMENT: \_\_\_\_\_