



ASSOCIATES IN ORAL & MAXILLOFACIAL SURGERY

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POST-OPERATIVE INSTRUCTIONS FOR IMPLANTS

1. Put dentures in according to the doctor's instructions.
2. Maintain a diet of soft, nonchewing food for one (1) week.
3. Rinse your mouth after eating with warm salt water solution (1/2 teaspoon salt in a large glass of warm water).
4. Ice may be helpful to control swelling and discoloration. Place ice packs on the outside of your face in the area of the implants.
5. Take medications as prescribed.
6. Avoid smoking, alcohol and sugar, as these may affect gum healing and may limit the success of the implant.
7. Do not drive for a least 24 hours after having a general anesthesia or IV sedation.

Note: If you have problems associated with your procedure(s), please call our office at (520) 745-6531. If you call after normal office hours, you will receive our answering service and our on-call doctor will be able to assist you.