



ASSOCIATES IN ORAL & MAXILLOFACIAL SURGERY

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POST-OPERATIVE INSTRUCTIONS FOR FULL MOUTH EXTRACTIONS WITH IMMEDIATE DENTURES

1. See your general dentist or prosthodontist as instructed.
2. Remove dentures in 24 hours to clean and reinsert.
3. Maintain a diet of soft non-chewing food for one week.
4. Rinse your mouth after eating with warm salt water solution (1/2 teaspoon salt in a large glass of warm water).
5. Ice may be helpful to control swelling and discoloration. Place ice packs on the outside of your face in the area of the extractions.
6. Take medications as prescribed.
7. Avoid smoking, alcohol and sugar, as these may affect gum healing.
8. Do not drive for at least 24 hours after having a general anesthesia or IV sedation.

Note: If you have problems associated with your procedure(s), please call our office at (520) 745-6531. If you call after normal office hours, you will receive our answering service and our on-call doctor will be able to assist you.